



Results und Ranking
2. Swiss FSA Contest 2024 - 13. July Motion Sports Club, Wangen b.O.

| Strongman | | | | | | | | | | | | | | | | | | | | |
|-----------|--------------|------------|--------------|--------|------------|----------------------------|---|-------|------|------|-------------------------------|-------|-------|------|------------------------------------|------|--|------|---|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open, <105, <90) | Keg ground to overhead (max reps / 60s) | 100kg | 80kg | Rank | Viking Press (max reps / 60s) | 130kg | 110kg | Rank | Yoke carry 320kg (max dist. / 60s) | Rank | Arm over arm Pick-up Truck (max dist. / 60s) | Rank | Duck walk 180/160/140kg (max dist. / 60s) | Rank |
| 1 | 14 | Zoltan | Varga | CH | 140 | Open | 6 r / 53:87s | x | | 2 | 4 r / 17:41 s | x | | 6 | 13:64 s | 1 | 11.65 m | 4 | 3 items / 41:90 s | 1 |
| 2 | 15 | Patrick | Pulz | AT | 125 | Open | 5 r / 43.65s | x | | 3 | 9 r / 24:57 s | x | | 3 | 17:96 s | 3 | 11.74 m | 2 | 3 items / 3:09 m | 4 |
| 3 | 18 | Jonas | Bertschinger | CH | 87 | <90 | 4 r / 52.81 s | x | | 5 | 7 r / 25:21 s | x | | 4 | 23:94 s | 5 | 11.95 m | 1 | 3 items / 6:30 m | 3 |
| 4 | 19 | George | Paunovic | CH | 140 | Open | 6 r / 41:71 s * | x | | 1 | 13 r / 34:53 s | x | | 2 | 15:01 s | 2 | 7.98 m | 7 | 2 items / 59:09 s | 7 |
| 5 | 20 | Kevin | Mendes | CH | 138 | Open | 4 r / 51:53 s | x | | 4 | 15 r / 36:87 s | x | | 1 | 19:96 s | 4 | 8.83 m | 5 | 2 items / 58:58 s | 6 |
| 6 | 28 | Loic | Schalbetter | CH | 112 | Open | 5 r / 53:54 s | | x | 8 | 2 r / 07.98 s | x | | 7 | 3,20 m | 8 | 11.66 m | 3 | 3 items / 58:71 s | 2 |
| 7 | 32 | Jeff | Sester | CH | 115 | Open | 2 r / 40:56 s | x | | 6 | 6 r / 16:07 s | x | | 5 | 10.00 m | 7 | 8.68 m | 6 | 2 items / 3:28 m | 8 |
| 8 | 34 | André | Obst | CH | 93 | <90 | 5 r / 42:06s | | x | 7 | 1 r / 06:95 s | | x | 8 | 49:19 s | 6 | 7.00 m | 8 | 3 items / 2:33 m | 5 |

*CH RECORD

| Newcomer Strongman | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------------|------------|-----------|--------|------------|----------------------------|---|------|------|------|-------------------------------|-------|------|------|------------------------------------|------|--|------|---|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open, <105, <90) | Keg ground to overhead (max reps / 60s) | 80kg | 60kg | Rank | Viking Press (max reps / 60s) | 100kg | 80kg | Rank | Yoke carry 240kg (max dist. / 60s) | Rank | Arm over arm Pick-up Truck (max dist. / 60s) | Rank | Duck walk 140/120/100kg (max dist. / 60s) | Rank |
| 1 | 8 | Yacine | Monnard | CH | 133 | Open | 4 r / 49:44 s | x | | 1 | 13 r / 25.92 s | x | | 1 | 14:53 s | 1 | 8.71 m | 2 | 3 items / 45:12 s | 3 |
| 2 | 10 | Walid | Elsayed | CH | 107 | <105 | 10 r / 54:90 s | | x | 3 | 6 r / 15:73 s | x | | 3 | 16:99 s | 2 | 11.06 m | 1 | 3 items / 31:16 s | 1 |
| 3 | 16 | Timo | Abegglen | CH | 97 | <105 | 2 r / 53:42 s | x | | 2 | 5 r / 25.64 s | x | | 4 | 28:60 s | 4 | 2.90 m | 4 | 3 items / 42:31 s | 2 |
| 4 | 19 | Alexander | Miletic | CH | 130 | Open | 6 r / 51:42 s | | x | 4 | 8 r / 33:29 s | x | | 2 | 22:17 s | 3 | 0.75 m | 5 | 3 items / 3:34 m | 5 |
| 5 | 25 | David | Grossen | CH | 114 | Open | 1 r / 07:21 s | | x | 6 | no rep | | x | 6 | 0.80 m | 6 | 3.10 m | 3 | 3 items / 4,2 m | 4 |
| 6 | 27 | Nelson | Moser | CH | 70 | <90 | 2 r / 19:50 s | | x | 5 | 1 r / 03:12 s | | x | 5 | 41:06 s | 5 | 0.20 m | 6 | 3 items / 1.52 m | 6 |



Results und Ranking
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| Strongwoman | | | | | | | | | | | | | | | | | | | | |
|-------------|--------------|------------|-----------|--------|------------|--------------------------------------|--|------|------|------|----------------------------------|------|------|------|--|------|--|------|--|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open, <82, <73, <64) | Keg ground to overhead (max reps / 60s) | 60kg | 40kg | Rank | Viking Press (max reps / 60s) | 60kg | 50kg | Rank | Yoke carry 200kg (max dist. / 60s) | Rank | Arm over arm Car (max dist. / 60s) | Rank | Duck walk 90/80/70kg (max dist. / 60s) | Rank |
| 1 | 7 | Daniela | Althaus | CH | 66 | <64 | 10 r / 57:87 s | | x | 1 | 8 r / 25:28 s | | x | 1 | 50:66 s | 2 | 21:40 s | 1 | 2 items / 5.60m | 2 |
| 2 | 8 | Sarah | Amblard | CH | 90 | Open | 8 r / 59: 23 s | | x | 2 | no rep | | x | 2 | 25:17 s | 1 | 28:73 s | 2 | 3 items / 43:71 s | 1 |

| Newcomer Strongwoman | | | | | | | | | | | | | | | | | | | | |
|----------------------|--------------|------------|-----------|--------|------------|--|--|------|------|------|----------------------------------|------|------|------|--|------|--|------|--|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | | Keg ground to overhead (max reps / 60s) | 50kg | 30kg | Rank | Viking Press (max reps / 60s) | 50kg | 40kg | Rank | Yoke carry 130kg (max dist. / 60s) | Rank | Arm over arm Car (max dist. / 60s) | Rank | Duck walk 60/50/40kg (max dist. / 60s) | Rank |
| 1 | 10 | Marine | Calderara | CH | 65 | | 10 r / 60:00s | | x | 2 | 1 r / 04:77 s | x | | 3 | 13:20 s | 1 | 22:11 s | 1 | 3 items / 36:28 s | 3 |
| 2 | 12 | Mimi | Herzog | CH | 83 | | 7 r / 58:59 s | | x | 4 | 1 r / 03:07 s | x | | 2 | 15:17 s | 2 | 24:09 s | 3 | 3 items / 35:26 s | 1 |
| 3 | 14 | Karin | Keusen | CH | 68 | | 13 r / 59:41 | | x | 1 | 4 r / 14:60 s | x | | 1 | 19:69 s | 4 | 24:43 s | 4 | 3 items / 36:57 s | 4 |
| 4 | 14 | Fabienne | Bollonnay | CH | 66 | | 9 r / 59:59 s | | x | 3 | no rep | | x | 4 | 15:66 s | 3 | 23:09 s | 2 | 3 items / 35:84 s | 2 |



Results und Ranking
2. Swiss FSA Contest 2024 - 13. July Motion Sports Club, Wangen b.O.

Ranking per weight category

| Strongman Open - Ranking per category | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------------|------------|-------------|--------|------------|-------------------------------|--|-------|------|------|----------------------------------|-------|-------|------|--|------|--|------|---|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open, <105, <90) | Keg ground to overhead (max reps / 60s) | 100kg | 80kg | Rank | Viking Press (max reps / 60s) | 130kg | 110kg | Rank | Yoke carry 320kg (max dist. / 60s) | Rank | Arm over arm Pick-up Truck (max dist. / 60s) | Rank | Duck walk 180/160/140kg (max dist. / 60s) | Rank |
| 1 | 14 | Zoltan | Varga | CH | 140 | Open | 6 r / 53:87s | x | | 2 | 4 r / 17:41 s | x | 0 | 6 | 13:64 s | 1 | 11.65 m | 4 | 3 items / 41:90 s | 1 |
| 2 | 15 | Patrick | Pulz | AT | 125 | Open | 5 r / 43.65s | x | | 3 | 9 r / 24:57 s | x | 0 | 3 | 17:96 s | 3 | 11.74 m | 2 | 3 items / 3:09 m | 3 |
| 3 | 19 | George | Paunovic | CH | 140 | Open | 6 r / 41:71 s * | x | | 1 | 13 r / 34:53 s | x | 0 | 2 | 15:01 s | 2 | 7.98 m | 7 | 2 items / 59:09 s | 5 |
| 4 | 20 | Kevin | Mendes | CH | 138 | Open | 4 r / 51:53 s | x | | 4 | 15 r / 36:87 s | x | 0 | 1 | 19:96 s | 4 | 8.83 m | 5 | 2 items / 58:58 s | 4 |
| 5 | 26 | Loic | Schalbetter | CH | 112 | Open | 5 r / 53:54 s | | x | 6 | 2 r / 07:98 s | x | 0 | 7 | 3,20 m | 8 | 11.66 m | 3 | 3 items / 58:71 s | 2 |
| 6 | 31 | Jeff | Sester | CH | 115 | Open | 2 r / 40:56 s | x | | 5 | 6 r / 16:07 s | x | 0 | 5 | 10.00 m | 7 | 8.68 m | 6 | 2 items / 3:28 m | 6 |

| Strongman <90 - Ranking per category | | | | | | | | | | | | | | | | | | | | |
|--------------------------------------|--------------|------------|--------------|--------|------------|-------------------------------|--|-------|------|------|----------------------------------|-------|-------|------|--|------|--|------|---|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open, <105, <90) | Keg ground to overhead (max reps / 60s) | 100kg | 80kg | Rank | Viking Press (max reps / 60s) | 130kg | 110kg | Rank | Yoke carry 320kg (max dist. / 60s) | Rank | Arm over arm Pick-up Truck (max dist. / 60s) | Rank | Duck walk 180/160/140kg (max dist. / 60s) | Rank |
| 1 | 7 | Jonas | Bertschinger | CH | 87 | <90 | 4 r / 52.81 s | x | | 1 | 7 r / 25:21 s | x | 0 | 1 | 23:94 s | 1 | 11.95 m | 1 | 3 items / 6:30 m | 1 |
| 2 | 19 | André | Obst | CH | 93 | <90 | 5 r / 42:06s | | x | 2 | 1 r / 06:95 s | 0 | x | 2 | 49:19 s | 2 | 7.00 m | 2 | 3 items / 2.33 m | 2 |

| Newcomer Strongman Open - Ranking per category | | | | | | | | | | | | | | | | | | | | |
|--|--------------|------------|-----------|--------|------------|-------------------------------|--|------|------|------|----------------------------------|-------|------|------|--|------|--|------|---|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open, <105, <90) | Keg ground to overhead (max reps / 60s) | 80kg | 60kg | Rank | Viking Press (max reps / 60s) | 100kg | 80kg | Rank | Yoke carry 240kg (max dist. / 60s) | Rank | Arm over arm Pick-up Truck (max dist. / 60s) | Rank | Duck walk 140/120/100kg (max dist. / 60s) | Rank |
| 1 | 8 | Yacine | Monnard | CH | 133 | Open | 4 r / 49:44 s | x | | 1 | 13 r / 25:92 s | x | 0 | 1 | 14:53 s | 1 | 8.71 m | 2 | 3 items / 45:12 s | 3 |
| 2 | 16 | Alexander | Miletic | CH | 130 | Open | 6 r / 51:42 s | | x | 2 | 8 r / 33:29 s | x | 0 | 2 | 22:17 s | 2 | 0.75 m | 5 | 3 items / 3.34 m | 5 |
| 3 | 19 | David | Grossen | CH | 114 | Open | 1 r / 07:21 s | | x | 3 | no rep | 0 | x | 6 | 0.80 m | 3 | 3.10 m | 3 | 3 items / 4,2 m | 4 |



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Ranking per weight category

| Newcomer Strongman <105 - Ranking per category | | | | | | | | | | | | | | | | | | | | |
|--|--------------|------------|-----------|--------|------------|-----------------------------|------------------------|------|------|------|----------------------------------|-------|------|------|---------------------|------|-------------------------------|------|----------------------------|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open <105 <90) | Keg ground to overhead | 80kg | 60kg | Rank | Viking Press (max reps / 60s) | 100kg | 80kg | Rank | Yoke carry 240kg | Rank | Arm over arm Pick-up Truck | Rank | Duck walk 140/120/100kg | Rank |
| 1 | 6 | Walid | Elsayed | CH | 107 | <105 | 10 r / 54:90 s | | x | 2 | 6 r / 15:73 s | x | 0 | 1 | 16:99 s | 1 | 11.06 m | 1 | 3 items / 31:16 s | 1 |
| 2 | 11 | Timo | Abegglen | CH | 97 | <105 | 2 r / 53:42 s | x | | 1 | 5 r / 25:64 s | x | 0 | 2 | 28:60 s | 2 | 2.90 m | 4 | 3 items / 42:31 s | 2 |

| Newcomer Strongman <90 - Ranking per category | | | | | | | | | | | | | | | | | | | | |
|---|--------------|------------|-----------|--------|------------|-----------------------------|------------------------|------|------|------|----------------------------------|-------|------|------|---------------------|------|-------------------------------|------|----------------------------|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open <105 <90) | Keg ground to overhead | 80kg | 60kg | Rank | Viking Press (max reps / 60s) | 100kg | 80kg | Rank | Yoke carry 240kg | Rank | Arm over arm Pick-up Truck | Rank | Duck walk 140/120/100kg | Rank |
| 1 | 19 | Nelson | Moser | CH | 70 | <90 | 2 r / 19:50 s | | x | 1 | 1 r / 03:12 s | 0 | x | 5 | 41:06 s | 1 | 0.20 m | 6 | 3 items / 1.52 m | 6 |

| Strongwoman Open - Ranking per category | | | | | | | | | | | | | | | | | | | | |
|---|--------------|------------|-----------|--------|------------|----------------------------|------------------------|------|------|------|----------------------------------|------|------|------|---------------------|------|---------------------|------|-------------------------|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open <82 <73) | Keg ground to overhead | 60kg | 40kg | Rank | Viking Press (max reps / 60s) | 60kg | 50kg | Rank | Yoke carry 200kg | Rank | Arm over arm Car | Rank | Duck walk 90/80/70kg | Rank |
| 1 | 8 | Sarah | Amblard | CH | 90 | Open | 8 r / 59:23 s | | x | 2 | no rep | 0 | x | 2 | 25:17 s | 1 | 28:73 s | 2 | 3 items / 43:71 s | 1 |

| Strongwoman <64 - Ranking per category | | | | | | | | | | | | | | | | | | | | |
|--|--------------|------------|-----------|--------|------------|----------------------------|------------------------|------|------|------|----------------------------------|------|------|------|---------------------|------|---------------------|------|-------------------------|------|
| Ranking | Total points | First name | Last Name | Nation | Bodyweight | Category (open <82 <73) | Keg ground to overhead | 60kg | 40kg | Rank | Viking Press (max reps / 60s) | 60kg | 50kg | Rank | Yoke carry 200kg | Rank | Arm over arm Car | Rank | Duck walk 90/80/70kg | Rank |
| 1 | 5 | Daniela | Althaus | CH | 66 | <64 | 10 r / 57:87 s | | x | 1 | 8 r / 25:28 s | 0 | x | 1 | 50:66 s | 1 | 21:40 s | 1 | 2 items / 5.60m | 1 |