



Results und Ranking TOTAL BEGINNER STRONG(W)MAN - 14. Juni CrossFit Bern

Strongman BEGINNER																							
Ranking	Total points	Nation	First Name	Last Name	TrapBar Deadlift Max weight - 3 attemps	Rank	Axle Bar ground to overhead max reps	80 kg	60kg	Rank	Atlas Stones ground to shoulder max reps	65kg	50kg	Rank	Farmer Walk 30m	90kg	60kg	Rank	Yoke & Sandbag	200 kg	150 kg	Rank	
1	9.5	DE	Justin	Kohlbau	285kg	3	9	x		1.5	13	x		3	16.53 sec	x		1	Y + 3 Bags	50.17 s	x		1
2	11.5	CH	Rafael	Moser	320kg	2	9	x		1.5	14	x		1	19.22 sec	x		5	Y + 3 Bags	55.29 s	x		2
3	24	CH	Kevin	Mendes	350kg	1	8	x		4	13	x		3	23.68 sec	x		9	Y + 2 Bags	38.48 s	x		7
4	26.5	NL	Ko	Kleppe	230kg	7	6	x		7	12	x		5.5	17.75 sec	x		3	Y + 3 Bags	61.39 s	x		4
5	30.5	CH	Julius	Filleböck	270kg	4	6	x		7	10	x		9.5	16.69 sec	x		2	Y + 2 Bags	40.20 s	x		8
6	33.5	CH	Andri	Siegenthaler	210kg	9.5	8	x		4	13	x		3	13.25 sec		x	14	Y + 3 Bags	56.61 s	x		3
7	34	CH	Bastian	Hafner	210kg	9.5	6	x		7	11	x		7.5	19.03 sec	x		4	Y + 2 Bags	31.67 s	x		6
8	37	CH	Benoît	Volet	210kg	9.5	7	x		5	12	x		5.5	23.00 sec	x		7	Y + 2 Bags	49.89 s	x		10
9	41.5	CH	Nicolai	Rawlyer	210kg	9.5	5	x		9.5	10	x		9.5	23.62 sec	x		8	Y + 3 Bags	69.55 s	x		5
10	50.5	CH	Rafael	Brunner	250kg	5	2	x		15.5	8	x		13	22.85 sec	x		6	Y + 2 Bags	55.29 s	x		11
11	55	CH	Nik	Bärfuss	240kg	6	3	x		13.5	9	x		11.5	26.37 sec	x		10	Y + 1 Bag	34.01 s	x		14
12	61	CH	Marc	Schönberg	200kg	13	4	x		11.5	11	x		7.5	27.72 sec	x		11	Y + 3 Bags	62.85 s		x	18
13	68	CH	Levi	Gabriele	180kg	17.5	2	x		15.5	7	x		14	31.88 sec	x		12	Y + 2 Bags	48.07 s	x		9
14	69.5	CH	Patrick	Bigler	200kg	13	6		x	19	9	x		11.5	35.56 sec	x		13	Y + 2 Bags	69.39 s	x		13
15	70	CH	Samuel	Dällenbach	180kg	17.5	8	x		4	7	x		15.5	16.90 sec		x	17	Y + 3 Bags	55.48 s		x	16
16	76.5	CH	Cedric	Stoll	180kg	17.5	5	x		9.5	5	x		19.5	17.93 sec		x	18	Y + 2 Bags	55.54 s	x		12
17	81	CH	Claudio	Goires	200kg	13	8		x	18	6	x		18	15.16 sec		x	15	Y + 3 Bags	57.61 s		x	17
18	82.5	CH	Roman	Zbinden	150kg	20	3	x		13.5	7	x		14	16.32 sec		x	16	Y + 2 Bags	32.26 s		x	19
19	83	IT	Davide	Mazzarelli	180kg	17.5	4	x		11.5	7	x		14	19.06 sec		x	20	Y + 3 Bags	50.13 s		x	20
20	92.5	DE	Denny	Weber	170kg	19	5		x	20	5	x		19.5	18.25 sec		x	19	Y + 1 Bag	40.82 s	x		15

Strongwoman BEGINNER																							
Ranking	Total points	Nation	First Name	Last Name	TrapBar Deadlift Max weight - 3 attemps	Rank	Axle Bar ground to overhead	50 kg	40kg	Rank	Atlas Stones ground to shoulder	40kg	30kg	Rank	Farmer Walk 30m	60kg	40kg	Rank	Yoke & Sandbag	180 kg	120 kg	Rank	
1	7	CH	Tanja	Luterbach	160kg	1	10	x		2	10	x		2	18.73 sec	x		1	Y + 3 Bags	56.30 s	x		1
2	10	DE	Claire	Mariet	130kg	3	11	x		1	11	x		1	31.15 sec	x		3	Y + 3 Bags	59.70 s	x		2
3	14.5	CH	Jasmin	Moser	135kg	2	6	x		3	6	x		4.5	24.45 sec	x		2	Y + 3 Bags	69.58 s	x		3
4	20	CH	Fabienne	Bolomey	120kg	4	7		x	4	7	x		3	33.31 sec	x		4	Y + 1 Bag	21.94 s	x		5
5	24.5	CH	Nina	Brunaud	110kg	6	6		x	5	6	x		4.5	14.53 sec		x	5	Y + 2 Bags	41.39 s	x		4
6	29	CH	Erinc	Karatay	115kg	5	2		x	6	2		x	6	23.28 sec		x	6	Y + 1 Bag	33.13 s		x	6

Explication of ranking points: if we have different athletes with the same result, we split the ranking to all of them. E.g: 4 Athletes with the same result. Ranking 4,5,6 + 7 = ranking points = 5.5 ranking points for all of them